

Notes for Teachers/Parents

These exercises are aimed at “training” different skills needed for learning - fine motor skills involving cutting and pasting, visual skills encompassing visual discrimination, figure-ground discrimination, visual-spatial orientation, and finally, auditory skills focusing on auditory attention and memory. We also layered on second level skills like following instructions and sequencing.

Which Exercise Should I Pick?

Pick an exercise for the child based on the area you want to strengthen. The child does not have to finish the whole exercise in one sitting. In fact, we encourage spreading an exercise over at least 2 lessons so that the children will be keen to return to finish up.

Key Things to Note

For **Fine Motor Exercises**, some of the smaller areas to cut could be difficult for the child. Do help them with these.

For **Visual Exercises**, you may have to help the child by covering parts of the picture so that they are guided to focus on only one part of the page.

For **Auditory Exercises** where you have to read aloud or give instructions to the children, read slowly and deliberately. Pause between sentences so that the children have a chance to process and retain what you say.

In all the exercises, take the chance to build the vocabulary of the children by asking them what something is, explaining to them if they don't know and asking them to repeat new words after you.

Talk to us!

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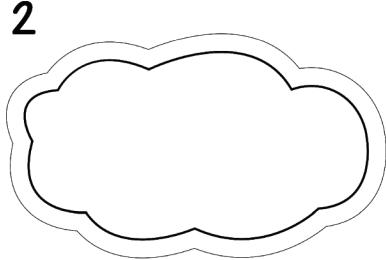
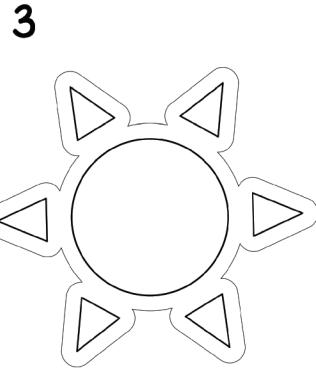
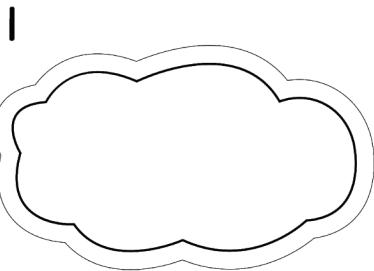
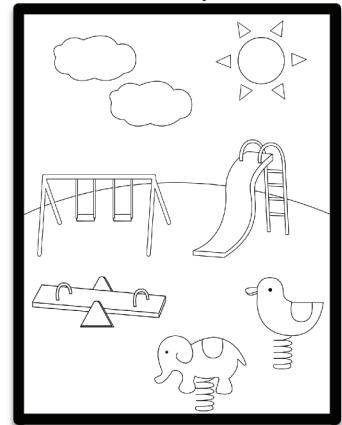
Developed in Singapore

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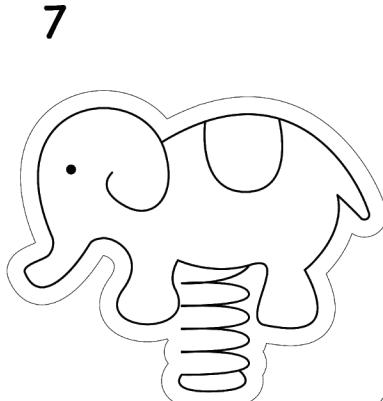
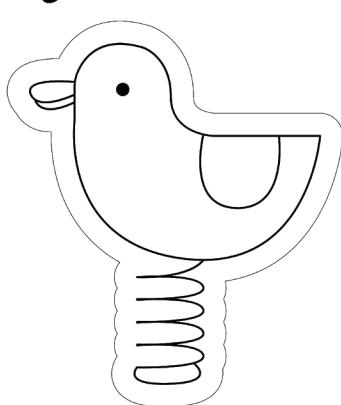
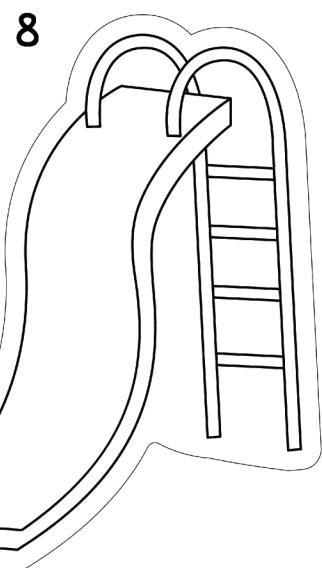
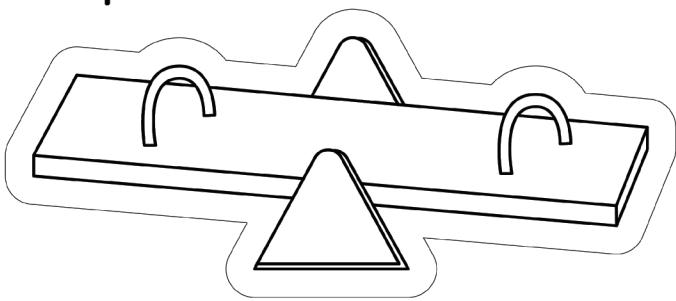
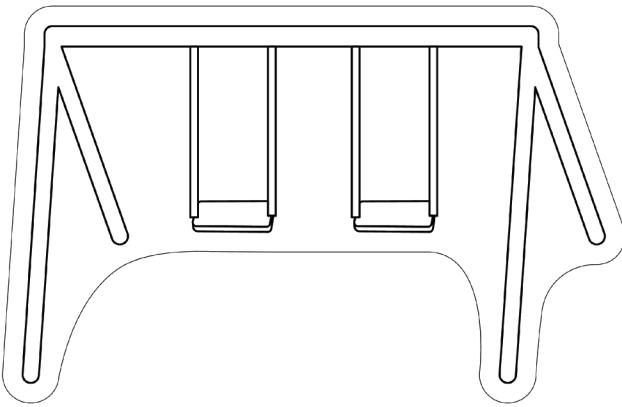
At the Playground

Colour and cut the pictures below. Then paste each one on the next page according to the number sequence. The child can create his own picture or follow the example given.

Example:



5



At the Playground

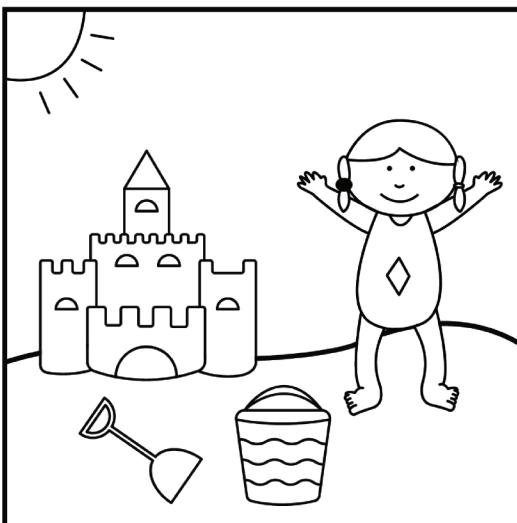
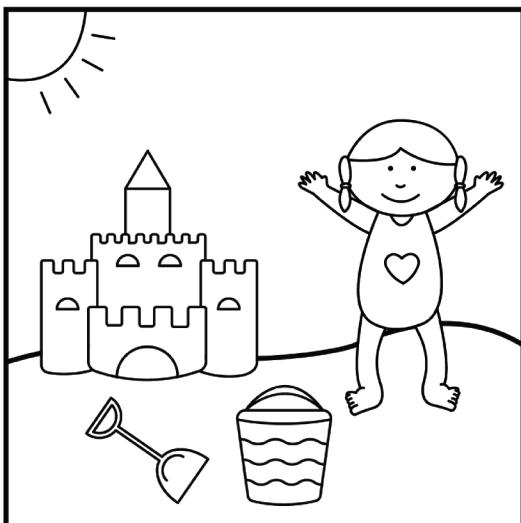
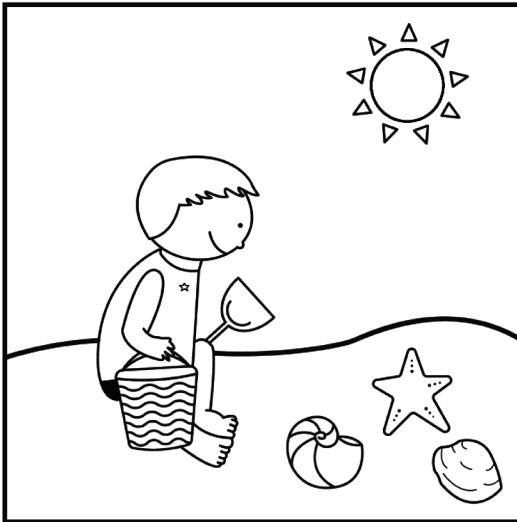
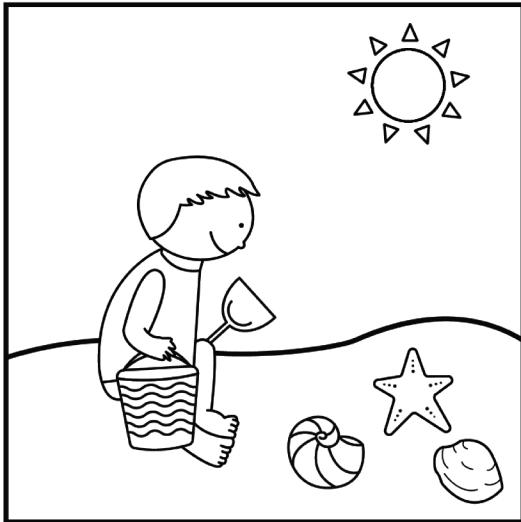
Paste your pictures in the frame below. Add in your own drawings to complete the picture. Tell a story about your finished picture.

My picture is called:



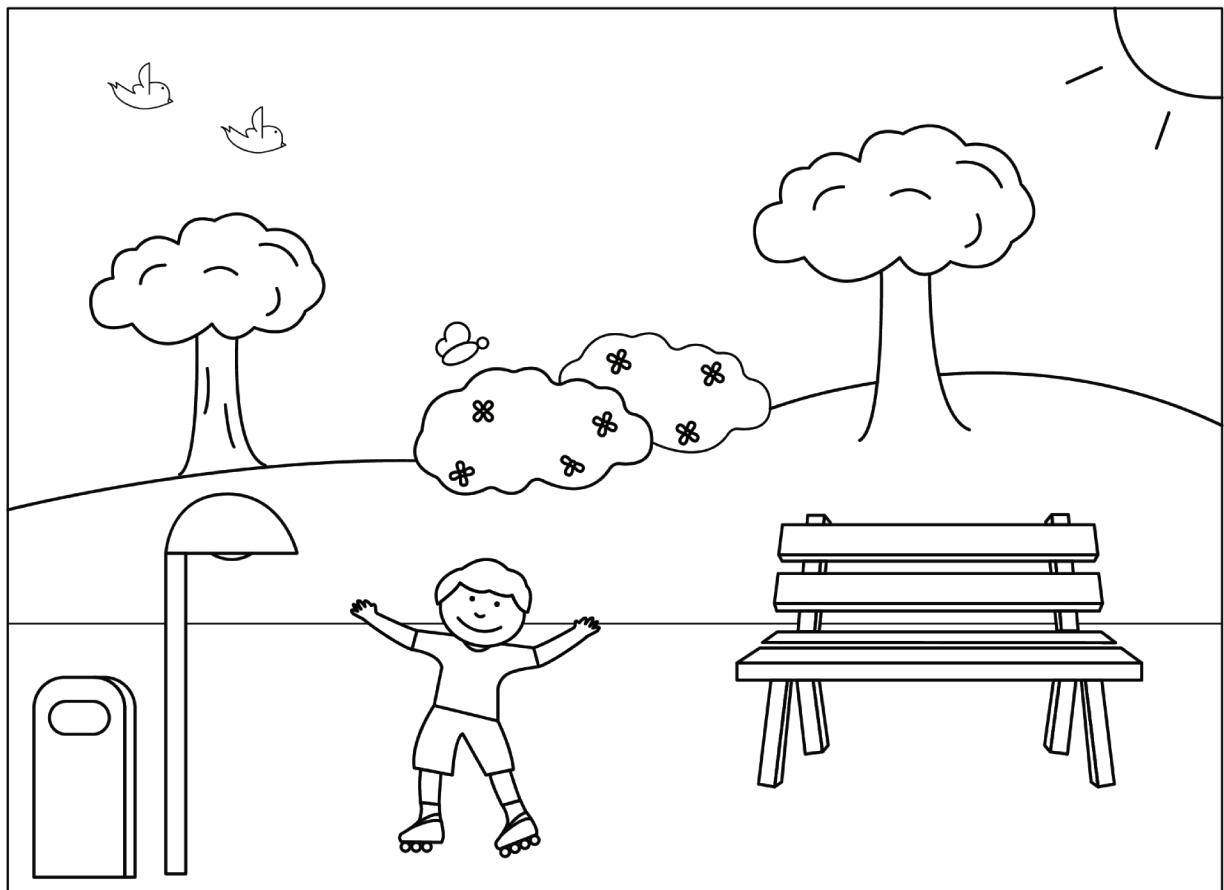
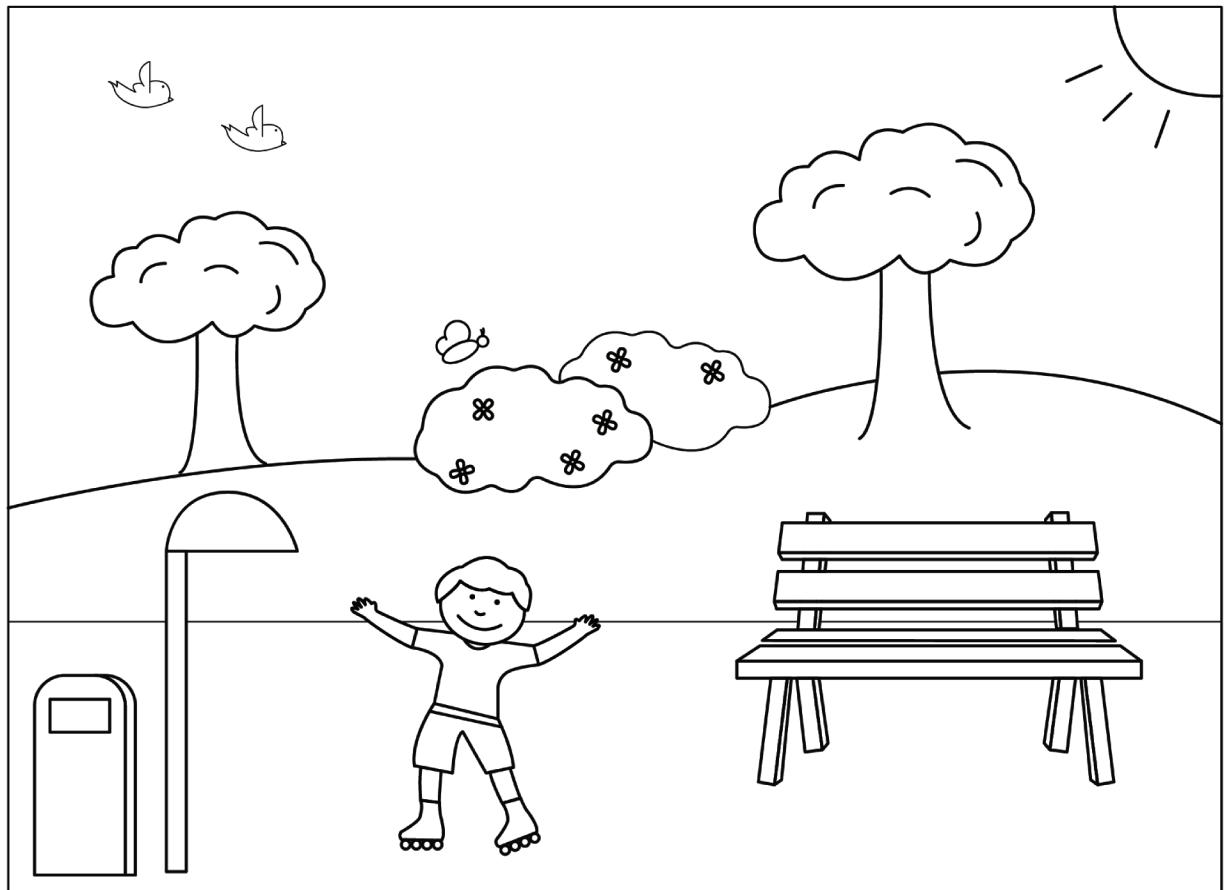
At the Beach

Spot the differences! Can you find 5 differences between each pair of pictures?



At the Park

Can you spot 10 differences?



At the Party

Date _____

Can you spot 10 differences?



I Spy - In the Kitchen

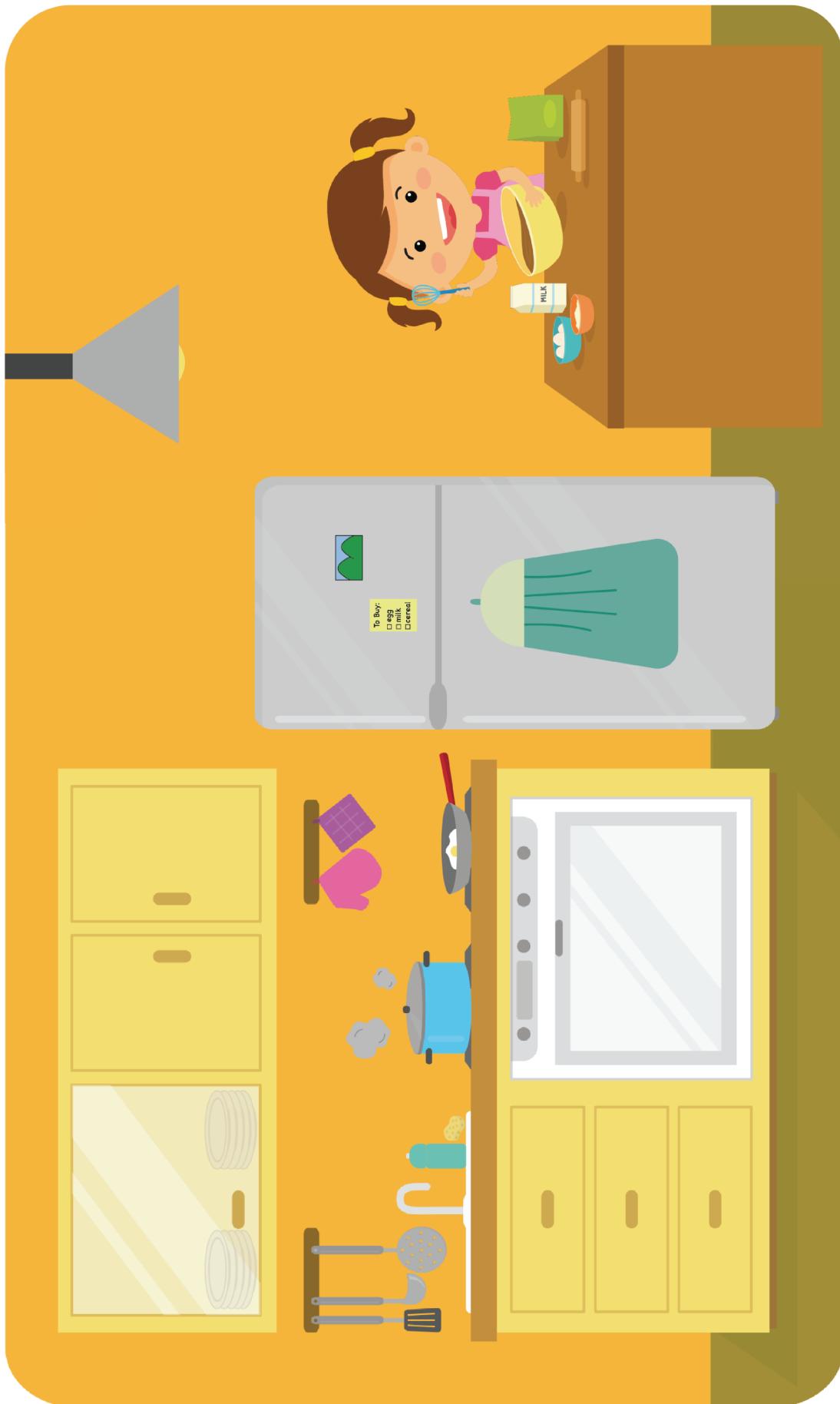
Read out each line to the child. Let the child find each item in the picture on the next page, then circle and label it accordingly.

"I spy with my little eye..."	Circle and Label as	Tick When Done
...something yellow that is used to wash the dishes.	1	
....something pink and shaped like a hand.	2	
...something blue that has a grey lid.	3	
...a set of three things that you can open and close.	4	
....something in two shades of green, that you use to dry your hands	5	
....something blue and green, that is stuck on the fridge.	6	
....something white and yellow, that is laid by a hen.	7	
....something brown and cylinder shaped, which you use to roll out dough.	8	
...something light grey in colour that has been placed high up. You put your food on it.	9	
...something blue which you hold in your hand to mix ingredients together.	10	



I Spy - In the Kitchen

Find the items, then circle and label them.



Answers for Visual Exercises

